

OUT OF TOWN PROGRAM (Doc-03)

Central Valley Bariatrics has a very detailed and personal program tailored for our out of town patients. Our goal is for the out of town patient to receive continuity of care during the critical post-operative period. We feel that continuity of care is vital to the progress of the patient, decreases complications, and promotes excellent long-term success.

We attempt to consolidate consultative visits, pre-operative education, and follow-up appointments to allow for the best outcomes for the patient. Each patient is viewed individually based on pre-operative history, overall health, surgery course, post-operative care and family/home situation.

Generally, depending of the previously mentioned items, the out of town patient will need to stay within a close proximity to the surgeon's office during the immediate post-operative period. This immediate post-operative period is generally 7-10 days after discharge from the hospital. However, your surgeon will ultimately decide the time frame upon reviewing your case. We have a variety of options for housing during this time period, such as, a reduced rate hotel, room leasing, and in some cases extended care facilities. You will need to arrange for lodging and transportation during your stay. We have no affiliation with any motels in the area, however the motels used by most patients are as follows:

		Hertz	800-654-3131
Best Western Liberty	661-725-0976	Enterprise	661-721-0700
Comfort Inn	661-725-1022	Berreth Limousine	661-725-7438

Most of these will provide you with a discounted rate if you inform them that you are here for surgery with Dr. Keshishian or Dr. Zahriya

Recliners, wheelchairs, hospital beds for the hotel rooms and additional abdominal binders can be arranged for by you through Berreth Medical at 661-725-7438.

Gastric Reduction Duodenal Switch (GRDS) procedure is an extensive surgery and therefore patients will need a support person with them during the entire process. It is most important, during the post-operative period, for the support person to assist with activities of daily living and hygiene. Out of town patients will need a support person that is capable, both emotionally and physically, of assisting them after surgery. Depending on patient preference the support person may or may not stay in the hospital room with the patient while hospitalized, but it is required after discharge that a support person stay with the patient.

Upon release by your surgeon from the post-operative period, we will work closely with the patient's primary care physician within the patient's residential location to maintain continuity of care. Due to the nature of weight loss surgery it is essential for the patients well being that a long term working relationship between doctors is established and maintained.