

TEACHING GUIDELINES (DOC-13)

- Normal Anatomy
- Gastric Reduction Duodenal Switch Anatomy and Physiology
- Different Weight Loss Procedures Anatomy and Physiology
- Complications, Morbidity, and Mortality of Surgery
- Nutrition, Vitamin, and Mineral requirements and complications
- Exercise
- Psychological Changes
- Preoperative Instructions
- Hospital Course of Care
- Discharge Instructions
- Support Group Meeting Attendance
- Importance of reading and studying the Patient Workbook
- Pregnancy after weight loss surgery
- Viewed educational video
- Given patient Workbook

I _____, acknowledge that in my preoperative teaching session(s): I have received detailed explanations as outlined above. I was given adequate opportunity for questions and answers to my satisfaction. I am aware that the Bariatric Clinical Coordinator is available by phone or e-mail to answer questions I may have at any time. I am also aware that I need to attend 2 Bariatric support group meetings before my surgery. I have received the patient workbook and I will read and follow the guidelines with in the workbook.

Patient Signature: _____ Date: _____

Witness Signature: _____ Date: _____